

# Lost a loved one? Feeling alone with your grief? **We can help!**

What's up' Walk-in Clinic & Bereaved Families of Ontario-Toronto offer a **FREE 8 week closed peer support group** for youth ages 13-19 who are grieving a death due to natural causes, homicide or suicide.

**Monday Oct 16, 2017**

**Monday Oct 23, 2017**

**Monday Oct 30, 2017**

**Monday Nov 6, 2017**

**Monday Nov 13, 2017**

**Monday Nov 20, 2017**

**Monday Nov 27, 2017**

**Monday Dec 4, 2017**

**Free Pizza!!!**

**Time: 5:30pm to 7:30pm**

**Where: East Metro Youth Services**

**1200 Markham Road, Suite 200**

**Call Rizwan at 416-438-3697 x 13368**

**to learn more and to schedule a**

**one-to-one meeting!**

