

# Bereavement Groups

## Summer 2016



Provides bereavement support across Scarborough



An opportunity to connect with other bereaved people in a safe, supportive and confidential setting. This **10-week** bereavement group is facilitated by trained peer support volunteers.

### **Daytime Grief Support Group (Mixed Loss):**

For anyone who has experienced the death of a family member or friend

**Thursdays, July 7 to September 1, 1:30 – 3:30 pm**

An opportunity to connect with other bereaved people in a safe, supportive and confidential setting. This **ongoing** bereavement group is facilitated by trained peer support volunteers. This groups facilitates a space to share, socialize, and learn about grief through led discussions.

### **Grief Café - Ongoing Support Group (Mixed Loss):**

For anyone who has experienced the death of a family member or friend

**Wednesdays, July 6 to December 6 4:30 – 7:30 pm**

**the Hub**  
mid scarborough

2660 Eglinton Ave. East  
(Eglinton and Brimley)

**NO FEE FOR  
SERVICE**



**REGISTRATION REQUIRED**

Please contact:  
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Bereavement Care Specialist  
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